



Annual Report 2018/19

Highlights



the care forum



Introduction

The purpose of this report is to share some highlights from the South Gloucestershire Health & Wellbeing Board's work during 2018/19. For more detail on the Board's activities please refer to the full [Annual Report](#) on the [Health & Wellbeing Board](#) website.

1 Joint Health & Wellbeing Strategy progress reports

One of the Health & Wellbeing Board's statutory requirements is to produce a Joint Health & Wellbeing Strategy (JHWS). The latest JHWS (available [here](#)) is for the period 2017-21 and has four areas for Collective Action:

1. Improve educational attainment of children and young people, and promote their wellbeing and aspirations.
2. Promote and enable positive mental health and wellbeing for all.
3. Promote and enable good nutrition, physical activity and a healthy weight for all.
4. Maximise the potential of our built and natural environment to enable healthy lifestyles and prevent disease.

In May 2018 (the meeting papers can be viewed [here](#)) the Board received its first monitoring report on JHWS Collective Actions 1 and 2. The Board agreed that each member organisation would support the implementation of the Collective Actions in the following ways:

- Champion a model for promoting and supporting workplace action to promote, protect and improve mental health and wellbeing by signing up to write a Time to Change Action Plan.
- Contribute data and information to the adult and children and young people mental health and wellbeing scorecards.
- Engage and contribute to the South Gloucestershire Early Help Review.
- Commit to the Special Education Needs (SEND) strategy.

In relation to children and young people (CYP) mental health, the Board acknowledged the challenges faced by primary schools in improving student mental health and emotional wellbeing, and supported the recommendations in the report, which included the establishment of a task and finish group to produce a report that captured the current challenges faced by primary schools around pupil mental health and emotional wellbeing and make recommendations for improvement. This matter received further consideration in January 2019 (see section 2).

In October 2018 (the meeting papers can be viewed [here](#)) the Board received progress reports on Collective Actions 3 and 4.

For Collective Action 3, the following areas gained the Board's support:

- Board member organisations to ensure staff are involved in the project to review and align the work around healthy weight, obesity, physical activity, and nutrition.

- Board members to encourage staff to raise awareness and promote the importance of good nutrition in children and young people, and the availability of (free and paid for) school meals.
- Whilst sufficient resources were essential for successful delivery, it was also necessary to look at ways of working, particularly the added value that can be achieved system-wide through collective action.
- The need to address school holiday hunger – the Board was advised that the mapping of relevant work/services was in its early stages and a more joined up approach was being sought.
- Formal social prescribing in primary care would bring ‘quick win at zero cost’ opportunities.

For Collective Action 4, there were five key aspects that gained the Board’s support:

- The need to give appropriate regard to the role that good quality housing and reduced homelessness play in improving health and wellbeing.
- Ensure relevant staff take up the offer of free training in fuel poverty awareness and referral so that they can signpost to services.
- When reviewing policies and commissioning services, consider the impact on air quality.
- Encourage staff and patients/service users to adopt active travel.
- Work to secure greater alignment of strategic plan making and resource allocation to better integrate needs of the population.

2 A focus on mental health

In January 2019 (the meeting papers can be viewed [here](#)) the Board gave its support for adopting the ‘Thrive’ approach in South Gloucestershire, which is a model that began in New York City, and has more recently been brought to the West Midlands, London and Bristol.

Thrive takes an area-wide population health and all systems approach to improve mental health and wellbeing. At its core is a recognition that as little as 10% of the population’s health and wellbeing is linked to access to healthcare. As such, rather than beginning with treatment, its focus is on the role schools and universities, employers, housing organisations, businesses and the police can play, and on the importance of our relationships, our surroundings and our access to good food, money and wider resources in achieving good mental health. ‘Thrive’ focuses on prevention and early intervention and works by mobilising public, private and third sector collaboration and leadership (and resources) across the area. It also aims to simplify and strengthen leadership and accountability across the whole system. Updates on how the ‘Thrive’ approach is progressing in South Gloucestershire and any further action required by Board member organisations will be considered by the Health & Wellbeing Board in 2019-20.

Also in January, the Board received a report on children and young people (CYP) mental health, particularly in relation to mental health in schools and the current gaps in provision for CYP with emerging needs and CYP with risk factors for poor mental health. The Board recommended that the Healthier Together Bristol, North Somerset and South Gloucestershire (BNSSG) Sustainability and Transformation Partnership

(STP) establish a CYP workstream, and Board members agreed to commit named senior officers to join discussions about how to address current gaps in provision for CYP with emerging needs, and CYP with risk factors for poor mental health.

3 Children, Young People and Families (CYP&F) Partnership Annual Report

In October 2018 (the meeting papers can be viewed [here](#)) the Board received the Annual Report of the CYP&F Partnership and noted the Partnership's core aim to develop a much better understanding of being a young person and family in South Gloucestershire.

The Board heard that there had been more effective alignment and use of the partnership members, as well as better use of available data, including Public Health's Online Pupil Survey, and case studies to share practice.

The Board was also reminded about its forthcoming Development Session on Adverse Childhood Experiences (ACEs), which would be an opportunity to explore some of the issues raised in the Annual Report in more detail. ACEs are negative experiences in early life and childhood that can have an impact on health and wellbeing throughout life. South Gloucestershire is committed to developing a co-ordinated and consistent ACE-informed approach, with a focus on recognition, prevention and early intervention and the cultural change that may be needed to support that. An ACE-informed approach is moving away from asking 'what is wrong with you' to asking 'what happened to you'. It is more than just knowing about ACEs; it is using that knowledge to work together to:

- prevent ACEs in future generations, including breaking the cycle within families;
- recognise the signs and symptoms of ACEs to enable appropriate early intervention to build resilience;
- recognise the impacts of ACEs already experienced in children and adults and help them to receive support; and
- support and build resilience in communities, families and children who are at risk of exposure to ACEs.

4 Advocating and leading on prevention and self-care

Following the Board's decision in May 2018 to advocate for and lead on prevention, the Board has continued to take strategic leadership for driving the Prevention and Self Care agenda in South Gloucestershire, using the South Gloucestershire Prevention and Self Care Network as its local delivery mechanism. In October 2018 the Board approved the Network's Terms of Reference, its objectives are to:

- Obtain an overview of the range of prevention and self-care initiatives and activities across South Gloucestershire.
- Develop relationships to ensure that prevention and self-care activities are coordinated, lessons are learned and duplication is reduced in South Gloucestershire.

- Share and promote South Gloucestershire prevention and self-care information and updates with relevant stakeholders within South Gloucestershire and across BNSSG.
- Work together on campaigns and share best practice across South Gloucestershire.
- Develop a South Gloucestershire prevention and self-care priorities list.
- Produce South Gloucestershire prevention and self-care resources / case studies to highlight work and present to the South Gloucestershire Health & Wellbeing Board.
- Develop links with the Healthier Together Prevention Plan Implementation Groups (for Tobacco; Alcohol; Obesity and Physical Activity; Cardiovascular Disease; and Public Mental Health) to enable information sharing and learning, both up and downstream.

The Network's membership includes: the local Clinical Commissioning Group; South Gloucestershire Council (Public Health specialists, Children, Adults and Health commissioners and social care, Environment & Community Services officers and Corporate Communications); Primary Care (South Gloucestershire Locality Provider Forum GP); The Care Forum; Avon Local Pharmaceutical Committee; Bromford Housing; Circadian Trust; Southern Brooks Community Partnership; Avon and Wiltshire Mental Health Partnership NHS Trust; Sirona care and health; and North Bristol NHS Trust.

In January 2019 (the meeting papers can be viewed [here](#)) the Board received an update on how BNSSG and South Gloucestershire work relates to the NHS Long Term Plan and the Department of Health and Social Care's 'Prevention is better than cure' vision for prevention. The Board also received details and had an opportunity to feed into South Gloucestershire specific work, which included a new South Gloucestershire Healthy Lifestyles & Wellbeing Service (One You South Gloucestershire); a new Active in Life project; the development of an Alcohol Strategy; and Making Every Contact Count (MECC) training.

5 Collaborative conversations between Bristol, North Somerset and South Gloucestershire Health and Wellbeing Boards

Following the review of working arrangements and agreement to establish joint seminars on matters of common interest with neighbouring Health and Wellbeing Boards, in March 2019 the Board had a joint seminar with Bristol Health & Wellbeing Board. The aims of the seminar were to provide a safe environment to enable the two boards to get to know each other and develop a shared understanding of the challenges and opportunities in BNSSG; to receive an overview of what is working for Health & Wellbeing Boards in other regions; and to begin to explore opportunities for working together and consider where ambitions could be aligned to develop a strength of voice in order to influence the Healthier Together BNSSG STP and future Integrated Care System (ICS) development.

Members received a 'setting the scene presentation, which included the case of change (based on BNSSG population needs); Bristol's One City Plan priorities; and South Gloucestershire Council's priority outcomes and Joint Health & Wellbeing Strategy 2017-21 collective actions. This was followed by two workshops, the first one to consider where the boards can start to work together and what is working elsewhere in the country; and the second one to understand board members' appetite for working jointly. As a result of the seminar, agreed next steps included:

- Develop a clear set of priorities for BNSSG Health & Wellbeing Boards.
- Hold a further seminar in June and engage with North Somerset.
- Develop a population evidence / intelligence report to support forward planning in line with the NHS Long Term Plan.
- Consider undertaking a joint campaign.

6 Agenda items 2018-19

A list of all the items considered at formal Board meetings during 2018-19 is below:

25 May 2018 – Board meeting
Healthier Together Sustainability and Transformation Partnership (STP) Prevention Plan
Progress report regarding Joint Health & Wellbeing Strategy Area for Collective Action 1: Improve educational attainment of children and young people, and promote their wellbeing and aspirations
Progress report regarding Joint Health & Wellbeing Strategy Area for Collective Action 2: Promote and enable positive mental health and wellbeing for all
Adoption of West of England Nature Partnership Statement of Intent
Children, Adults & Health Department Commissioning Priorities 2018-19
Safer & Stronger Communities Strategic Partnership Business Plan
Health & Wellbeing Board and Senior Officer Group Terms of Reference
3 October 2018 – Board meeting
Children, Young People and Families (CYP&F) Partnership Annual Report
Progress report regarding Joint Health & Wellbeing Strategy Area for Collective Action 3: Promote and enable good nutrition, physical activity and a healthy weight for all
Progress report regarding Joint Health & Wellbeing Strategy Area for Collective Action 4: Maximise the potential of our built and natural environment to enable healthy lifestyles and prevent disease
Joint Strategic Needs Assessment (JSNA) process review
South Gloucestershire Ageing Better Plan 2018-2023
Prevention and Self Care (P&SC)
Health & Wellbeing Board Annual Report 2017-18
Discussion on the future direction of the Health & Wellbeing Board
South Gloucestershire Education Plan update
23 January 2019 – Board meeting
Future of the Health & Wellbeing Board
Prevention and Self Care update
School-based Mental Health Improvement

Thrive South Gloucestershire
Health Protection Assurance Group Annual Report and update
Learning Difficulties Partnership Board Annual Report
Bristol, North Somerset & South Gloucestershire (BNSSG) Clinical Commissioning Group (CCG) Ethical Framework for Decision-making

In addition to the formal Board meetings, members were also invited to attend Development Sessions during 2018-19. These sessions were held in private and consisted of briefings to provide information and broaden members' knowledge on particular topics, followed by workshop-style sessions to discuss issues and develop thinking. The Board also received briefing notes on relevant topics during the year.

Briefing note, September 2018	South Gloucestershire Food Plan
Briefing note, October 2018	Early Help offer
Development Session, 3 October 2018	'Looking Forward' review of adult social care in South Gloucestershire
Development Session, 14 November 2018	Children & Young People, and Adverse Childhood Experiences (ACEs)
Development Session, 6 March 2019	Alcohol Needs Assessment and Strategy; and the Better Care Fund

7 Looking ahead

Board meetings

The Board is going to hold four formal meetings in 2019-20, with each one having a focus topic linked to the relevant Joint Health & Wellbeing Strategy area for Collective Action. In addition, ahead of each formal meeting the Board is going to have a development session on the same topic, which will provide an introduction to the subject, enable informal discussion and start members thinking about what 'asks / pledges' the Health & Wellbeing Board could consider at the subsequent Board meeting.

New South Gloucestershire Children's Partnership

The Board looks forward to developing its relationship with the new South Gloucestershire Children's Partnership and its sub-groups (Best Start for Children with Complex Needs; Best Start for Vulnerable Children; and Best Start in Life), which replaces the previous local Children, Young People and Families Strategic Partnership and Safeguarding Children's Board.

The new arrangements for safeguarding children and young people in South Gloucestershire have arisen from the Government's 'Working Together 2018' report, which set out changes in the way agencies are required to work together to safeguard

children and young people. Local Safeguarding Children Boards are no longer required in their current form and are being replaced by more flexible arrangements determined locally. South Gloucestershire has taken this opportunity to streamline and simplify wider partnership arrangements and looked across a number of boards to reduce duplication, improve focus on the key issues and increase efficiency.

Seminar with neighbouring Health & Wellbeing Boards

Following the success of the joint seminar for the Bristol and South Gloucestershire Boards in March 2019, further seminars took place in June and September 2019, which also included North Somerset. More details on this collaboration will be covered in next year's Annual Report.

Author

Councillor Ben Stokes
South Gloucestershire Health & Wellbeing Board Chair

Contacts

Sara Blackmore
Director of Public Health
Public Health & Wellbeing
South Gloucestershire Council
01454 863444
sara.blackmore@southglos.gov.uk

Claire Rees
Health & Wellbeing Partnership
Officer – Prevention
Public Health & Wellbeing
South Gloucestershire Council
01454 863550
claire.rees@southglos.gov.uk